

## The Appendicular Skeleton

## Bones of the Pectoral Girdle and Upper Limb

1. Fill in the blank to complete the statements below.

- a. The bones that form the pectoral girdle are the  clavicle  and  scapula .
- b. The upper limb is formed by the arm bone, the  humerus  and the two bones of the forearm, the  ulna  and  radius .
- c. The  carpal  are the wrist bones. List the proximal row of wrist bones from lateral to medial:  
 scaphoid, lunate, triquetrum, pisiform
- List the distal row of wrist bones from lateral to medial:  hamate, capitate, trapezoid, trapezium
- d. The  metacarpals  form the palm of the hand, and the heads of these bones form the knuckles.
- e. A single finger bone is called a  phalanx . Each hand has  14  finger bones, called  phalanges .

2. Match the bone markings in column B with the descriptions in column A.

- f. glenoid cavity  
k. ulnar notch  
b. capitulum  
h. olecranon fossa  
e. deltoid tuberosity  
c. coracoid process  
i. coronoid fossa  
j. radial notch  
a. acromion  
g. medial epicondyle  
d. coronoid fossa

## Column A

- depression in the scapula that articulates with the humerus
- surface on the radius that receives the head of the ulna
- lateral rounded knob on the distal humerus
- posterior depression on the distal humerus
- a roughened area on the lateral humerus; deltoid attachment site
- hook like process; biceps brachii attachment site
- surface on the ulna that receives the head of the radius
- medial condyle of the humerus that articulates with the ulna
- lateral end of the spine of the scapula; clavicle articulation site
- small bump on the humerus, often called the "funny bone"
- anterior depression, superior to the trochlea, that receives part of the ulna when bending at the elbow

## Column B

- acromion
- capitulum
- coracoid process
- coronoid fossa
- deltoid tuberosity
- glenoid cavity
- medial epicondyle
- olecranon fossa
- radial notch
- trochlea
- ulnar notch

# Appendicular Skeleton Answer Key

**David Baud**



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## **Table of Contents Appendicular Skeleton Answer Key**

1. Understanding the eBook Appendicular Skeleton Answer Key
  - The Rise of Digital Reading Appendicular Skeleton Answer Key
  - Advantages of eBooks Over Traditional Books
2. Identifying Appendicular Skeleton Answer Key
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Appendicular Skeleton Answer Key
  - User-Friendly Interface
4. Exploring eBook Recommendations from Appendicular Skeleton Answer Key

- Personalized Recommendations
  - Appendicular Skeleton Answer Key User Reviews and Ratings
  - Appendicular Skeleton Answer Key and Bestseller Lists
5. Accessing Appendicular Skeleton Answer Key Free and Paid eBooks
    - Appendicular Skeleton Answer Key Public Domain eBooks
    - Appendicular Skeleton Answer Key eBook Subscription Services
    - Appendicular Skeleton Answer Key Budget-Friendly Options
  6. Navigating Appendicular Skeleton Answer Key eBook Formats
    - ePub, PDF, MOBI, and More
    - Appendicular Skeleton Answer Key Compatibility with Devices
    - Appendicular Skeleton Answer Key Enhanced eBook Features
  7. Enhancing Your Reading Experience
    - Adjustable Fonts and Text Sizes of Appendicular Skeleton Answer Key
    - Highlighting and Note-Taking Appendicular Skeleton Answer Key
    - Interactive Elements Appendicular Skeleton Answer Key
  8. Staying Engaged with Appendicular Skeleton Answer Key
    - Joining Online Reading Communities
    - Participating in Virtual Book Clubs
    - Following Authors and Publishers Appendicular Skeleton Answer Key
  9. Balancing eBooks and Physical Books Appendicular Skeleton Answer Key
    - Benefits of a Digital Library
    - Creating a Diverse Reading Collection Appendicular Skeleton Answer Key
  10. Overcoming Reading Challenges
    - Dealing with Digital Eye Strain
    - Minimizing Distractions
    - Managing Screen Time
  11. Cultivating a Reading Routine Appendicular Skeleton Answer Key
    - Setting Reading Goals Appendicular Skeleton Answer Key
    - Carving Out Dedicated Reading Time
  12. Sourcing Reliable Information of Appendicular Skeleton Answer Key

- Fact-Checking eBook Content of Appendicular Skeleton Answer Key
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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